CHRISTINA HESLER

Oklahoma Author | Memoir, Horror & Psychological Fiction

AUTHOR BIO & MEDIA PACKET

About Christina

Christina Hesler is an Oklahoma author who writes memoir, horror, and psychological fiction. Her debut memoir, *The House That Silence Built*, tells her story of survival, family, silence, and what it took to finally tell the truth.

Her fiction goes somewhere darker. Christina is drawn to ordinary people, complicated families, small towns, old houses, and the unsettling things that can exist beneath seemingly normal lives. She writes the kinds of stories she loves to read - the ones that make you uncomfortable, keep you turning pages, and stay in your head after you've finished them.

When she isn't writing, Christina can usually be found reading, spending time with her family and dogs, or dreaming up the next story she wants to tell.

Published Work

The House That Silence Built

A Memoir of Survival, Strength, and the Truth That Set Me Free

A memoir of survival, family, and the things we learn to keep quiet. *The House That Silence Built* is Christina's story of what happened behind closed doors, what followed her long after she left, and what it took to finally tell the truth.

Selected Reader Responses

> *“The House That Silence Built is one of the most honest memoirs I've read. It's difficult to read at times because of its subject matter, but it's also inspiring. This is a book that stays with you.”*

- Jennifer S.

> *“I couldn't stop thinking about this memoir after I finished it. It's an emotional journey through unimaginable trauma, but it's ultimately a story of resilience, survival, and finding your voice.”*

- Bethany T.

> *“This book was incredibly powerful. It was heartbreaking, honest, and impossible to put down. Christina tells her story with courage and vulnerability.”*

- Ashley M.

Works in Progress

The Howling Season | Horror

In the small Oklahoma town of Dry Fork, something has begun moving through the woods - and the Red Oak family is closer to it than they realize. A story of family, bloodlines, and a creature with roots stretching back generations.

Untitled Psychological Thriller | Psychological Thriller

A young woman finds the Victorian house she's always wanted. What she doesn't know is that the man who sold it to her chose her long before she ever saw the listing - and parts of the house were never meant for her to find.

Writing & Themes

Christina's work moves between lived experience and dark fiction. Her stories are often rooted in Oklahoma and drawn toward complicated families, small communities, old houses, hidden histories, psychological tension, and the unsettling possibilities beneath ordinary life.

For Press, Events & Professional Inquiries

For interviews, press requests, book-related inquiries, events, or other professional correspondence, please use the contact form on Christina Hesler's official author website.